

STAFF PACKING LIST

Maine Teen Camp



**PACK LIGHT! WHEN IN DOUBT, LEAVE IT OUT!
BRING NO MORE THAN YOU CAN CARRY.
BACKPACKS AND DUFFEL BAGS ARE USEFUL & EASY TO CARRY.**

The following is a **SUGGESTED** list for your convenience.

JEANS/PANTS	2	<p>These are only suggested items. In the case of linens (sleeping bag, pillow, sheets, etc.), camp has an adequate supply for those coming from far away destinations.</p>
SHORTS	5	
SWEATSHIRT/SWEAT PANTS	1-2	
UNDERWEAR	12	
SOCKS	12	
SWEATER	1	
LIGHT JACKET/WINDBREAKER	1	
RAINCOAT/PONCHO	1	
BATHING SUIT	1-2	
T-SHIRTS/SHORT SLEEVED TOPS	10-12	
SNEAKERS	1-2	
HIKING BOOTS - optional	1	
SANDALS / FLIP FLOPS	1	
PILLOW CASES	1-2	
TOWELS (BATH/BEACH)	1-2	
SLEEPING BAG	1	
SHEETS (single bed sets)	1	
PILLOW	1	
DRESS / SKIRT / PANT	1 OUTFIT (SEMI-CASUAL)	

OTHER SUGGESTIONS...FLASHLIGHT (TORCH), SUNGLASSES, SUNBLOCK, INEXPENSIVE CAMERA, TELEPHONE CARD, ANY PRESCRIPTION MEDICATIONS.

FOOTWEAR IS IMPORTANT. MAKE SURE IT FITS WELL AND IS COMFORTABLE. SANDALS OR "FLIP FLOPS" ARE IDEAL FOR SOME AREAS OF CAMP, BUT A GOOD PAIR OF SNEAKERS IS ESSENTIAL.

CELL PHONES: Please be advised that CELL phones are NOT permitted for use on camp grounds. While you may bring your phone to access when you have free time, you may not use the phone in camp. This is a strict rule!

TELEPHONE CALLING CARDS: Once in the USA (internationals), it is strongly suggested that you purchase a calling card before arriving.

EMAIL: While camp does have three staff computers with internet, the computers are not as fast as you are accustomed. We live in the deep of Maine woods, so service is not super-quick!

DO NOT BRING: CDs/IPOD/DIGITAL CAMERA/VIDEO CAMERA THAT YOU CANNOT AFFORD TO LOSE, EXPENSIVE JEWELRY/CLOTHES, FIREWORKS, WEAPONS/KNIVES OF ANY TYPE, ILLEGAL DRUGS, SKATEBOARDS, IN-LINE SKATES, ARTICLES THAT ARE OF VALUE TO YOU, SENTIMENTAL OR OTHERWISE.

MAINE WEATHER: Maine offers average daily summer temperatures of 80-85 degrees. Most days are clear and sunny, however, we do have bouts of humidity and thunderstorms. The peak-season water temperature is about 65-70 degrees.